

The Journey Continues

A night of prayer & reflection
in preparation for your Confirmation.



Program for the Evening

7:30 pm – Assemble in Our Lady of Providence Hall for attendance, instructions and announcements.

7:50 pm – Words from Father Mario

8:00 pm – Exposition of the Blessed Sacrament (*please kneel*)

8:05 pm - 5 minutes of silent prayer (*continue kneeling*).

8:10 pm – Candle Lighting Ceremony begins (*please sit*)

8:50 pm – Reposition of the Blessed Sacrament (*please kneel*).

9:00 pm – Final prayer & dismissal

Candle Lighting Ceremony

Please be seated and remain silent during the Candle Lighting Ceremony as you wait for your class to be invited up to the altar to light a candle. During this time, you may open your packet, read what it contains, ask the Holy Spirit to guide you, and sit silently so you may hear His response.

When it is your turn, your group will be invited to the altar where you will be presented with a candle lit from the Paschal candle. The person handing you the candle will say, "***Be who you were created to be...***" and you will respond, "***and I will set the world on fire***". Then use the candle to light one of the other candles on the altar.

From the altar, you may either return to your seat or visit one of the prayer stations that will be available. There you can meet with the deacon or a youth minister to pray or to discuss any questions or concerns you may have in your life or about Confirmation. Please return to your seat after the discussion.

“Be who you were created to be, and you will set the world on fire.” – St. Catherine of Siena

Prayer is turning your heart towards God. For some people, this comes naturally. For others, it takes more work. If you find the prayer process to be challenging or just don't know what to do or where to begin, follow these steps:

1. **Gratitude:** Begin by thanking God in a personal dialogue for whatever you are most grateful for today and right now at this moment.
2. **Awareness:** You are made in God's image. Revisit the times in the past 24 hours when you failed to reflect God's image towards others. Read the examination of conscience on the back of this program. Talk to God about these situations and what you learned from them.
3. **Significant Moments:** Identify something you experienced in the last 24 hours and explore what God might be trying to say to you through that event or person.
4. **Peace:** Ask God to forgive you for any wrong you have committed (against yourself, another person, or Him) and to fill you with a deep and abiding peace.
5. **Freedom:** Speak with God about how He is inviting you to change your life, so that you can experience the freedom to be who you were created to be.
6. **Others:** Lift up to God anyone you feel called to pray for today. It may be someone living or dead. Ask God to bless and be with them.
7. **Pray** the Our Father

Examination of Conscience for Teens

Do I value sports, entertainment, possessions, or peer approval more than my relationship with God? Do I thank God for the gifts He has given me?

Do I pray to God every day, or only when I want something? Do I let weeks go by without once thinking about God?

Do I make a serious effort to learn about my faith? When I have questions or doubts about my faith, do I bother to seek truthful answers?

Do I have the courage to express my faith in public (e.g., by challenging false assumptions, wearing a crucifix or metal, singing in Mass, etc.)?

Do I use God's name in anger or to judge people? Do I use foul language or troll people online?

Do I regularly fail to attend Mass and think nothing of it?

Do I respect my parents or guardians? Am I grateful for all they do for me?

Do I resent my parents authority? Do I rebel against them?

Do I disrespect my teachers or disrupt the classroom because I'm bored, want attention or am looking for peer approval?

Do I take risks that could result in my death or serious injury such as abusing narcotics or driving under the influence?

Do I encourage others to take risks or stand by and do nothing to stop them from hurting themselves?

Do I intentionally put people down? Am I rude to people without any consideration of how it makes them feel?

Do I stand by and say nothing when someone is being bullied?

Do I pressure my partner to have sex regardless of the consequences or allow myself to be pressured just to please my partner?

Do I feel jealous of things other people have?

Do I shoplift or vandalize property? Do I cheat at school or in sports?

Do I lie, fail to keep my promises, or break someone's confidence?

Do I gossip, spread rumors, or talk about people behind their back?