

# The Beatitudes

Keep these ideas in mind as you study **Unit 2, Session 7**.

In a Scripture passage from Matthew's Gospel, called the Sermon on the Mount, Jesus told his listeners how to live so that they could be happy. These teachings are called the Beatitudes.

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People who are poor in spirit know they can depend on God first.

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Blessed are those who mourn, for they will be comforted.

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The meek are people who are kind to others. They will inherit the land.

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The clean of heart are those who always try to follow Jesus' example. They will see God.

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People who are righteous do the right thing, even when it is difficult.

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We can be peacemakers by trying to get along with others.

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People who are merciful forgive one another. When we exchange a sign of peace at Mass, we show our willingness to forgive others.

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Saint Francis of Assisi always tried to follow Jesus' example. He asked God to help him make peace in the world by being a peacemaker.

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Saint Jerome translated the Bible from Greek into Latin, a more commonly known language at the time. Saint Jerome is often shown with a lion, due to the legend that he removed a thorn from a lion's paw.

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