

The Church Prays

Keep these ideas in mind as you study **Unit 3, Session 13**.

At Mass, Jesus is present in the priests, in the people gathered, and in the Scriptures.

PAGE 76

Jesus reaches out to us through the sacraments. Jesus gives us the sacraments to help us grow in faith and live as God wants us to live.

PAGE 76

The sacraments are outward signs of the grace we receive from God.

PAGE 77

Bread and wine are signs of the Eucharist.

PAGE 77

Sacramentals are sacred signs established by the Church. Sacramentals can be actions or objects. A blessing is a sacramental that is an action. Holy water is a sacramental that is an object.

PAGE 77

Jesus tells us that the Kingdom of God is among us.

PAGE 79

Through the Holy Spirit, Jesus Christ is present to us in the sacraments.

PAGE 80

You are like Jesus when you reach out to someone who is different from you.

PAGE 80

In the story of Jesus and the Roman officer, the officer had never met Jesus but had faith in him and wanted him to heal his servant.

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