



Sacraments of Healing

Engage: Page 111

- ▶ **Ask:** *What helps you feel better when you are sick? (bed rest, chicken soup, cozy blankets) How is the girl in the picture helping another person feel better? (She is reading to her; she is keeping her company.)*
- ▶ Read aloud the session title and the text in the blue box. Discuss your child's responses. **Say:** *The Church has sacraments to help us heal physically, mentally, and spiritually. In this session we will learn about those sacraments.*
- ▶ Invite your child to talk about what he or she already knows about the Sacraments of Healing. Pray aloud the prayer together.

Explore: Pages 112–113

- ▶ **Ask:** *What do you know about how Jesus healed people? (He helped a blind man see; he cured lepers; he helped a paralyzed man walk.)*
- ▶ Read aloud page 112 and point out the vocabulary word. **Ask:** *What does the Anointing of the Sick do for people who receive it? (It helps them identify with Christ's suffering; it gives strength, peace, and courage; it forgives the sins of those who are unable to receive the Sacrament of Penance and Reconciliation.)*
- ▶ Read aloud the Link to Liturgy feature. **Say:** *Chrism Mass is celebrated during Holy Week and is a sign of unity between the bishop and the local church.*
- ▶ Have your child read silently page 113. **Ask:** *What does sin do? (It separates us from God and others.) What are the benefits of Reconciliation? (reunites us with God and the Church, brings us peace, comforts us spiritually)*

Art Exploration: Page 247

- ▶ Find in a magazine, in a book, or online a picture of a disciple curing a blind man.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including what the disciple is doing to the man.
- ▶ **Say:** *Jesus continues to heal with the power of the Holy Spirit through the Church today.*
- ▶ Have your child turn to page 247. Read aloud the introduction and discuss the question.
- ▶ Have your child read aloud Jesus Sends Forth Healers. Discuss why Jesus gave the authority to heal to his disciples. **Say:** *Today Jesus' healing gifts are experienced through the Sacraments of Reconciliation and Anointing of the Sick.*



- ▶ Read aloud The Church Celebrates Healing. Have your child read aloud Be a Healer and complete the activity.
- ▶ Read aloud the Reading God's Word feature. **Ask:** *Who does Isaiah suggest will see the glory of God?*
- ▶ Provide several sheets of construction paper in different colors from which your child can cut out small squares. Have your child glue the squares to a sheet of paper to make his or her own mosaic. Suggest that the topic of your child's mosaic represent healing in some way. Display the finished artwork in your home.

Reflect: Pages 114–115

- ▶ Together look at page 114. **Say:** *Reconciliation can keep you close to God, remind you to make good choices, and help you avoid sin.*
- ▶ Read aloud the first paragraph. Pray aloud the Act of Contrition together. Have your child read silently the last paragraph and take time to reflect on God's mercy and forgiveness. End by praying the Sign of the Cross.
- ▶ Have your child read silently Removing the Effects of Sin on page 115. **Ask:** *What actions help us receive indulgences? (prayer and good deeds) What else can prayer and good deeds help us do? (overcome temptation, grow closer to God)*
- ▶ Have your child read silently the Giving Restitution questions and carefully consider how he or she might make restitution in each situation. Have your child write his or her responses. Discuss them together.

Respond: Page 116

- ▶ Ask your child to read aloud the Faith Summary. Review the Word I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways he or she can include everyone in activities at home, at school, and in the community.
- ▶ Read aloud the prayer as your child follows along. Pray the Sign of the Cross together.
- ▶ Read aloud the With My Family suggestions. Invite your child to choose one or more to complete today.