



Sacraments, Our Way of Life

Begin

Ask: *What does it mean to say yes? (that you like something, that you agree to do something) How does it feel when someone says yes to you? (good, exciting)* Read aloud the unit title on page 91. **Say:** *We have talked about how Mary said yes to God. In this session we will learn about a saint who also said yes to God. Everything she did was to please God. Let's begin by learning about Saint Thérèse.*

Introduce the Saint

Focus your child's attention on page 91. Read aloud the saint's name and look at her picture. **Ask:** *What did Thérèse want to do for God? (She wanted to do everything for God.)* **Say:** *We can always try to do our best in all we do.*

Turn to page 92. Read aloud the title and the first paragraph. **Say:** *Thérèse wanted to please God every day. Even as a young child, everything Thérèse said and did was to please God.*

Read aloud the second paragraph. **Say:** *We can show how much we love God by doing little things.* **Ask:** *What are some things you can do to please God? (share my toys, do my chores, be a good friend)*

Say: *Thérèse gives us a wonderful example to follow. Remember that even the littlest things we do can honor God.*

With your child add Thérèse's feast day, October 1, to your calendar. Plan events together to honor the ways of Saint Thérèse of the Child Jesus.



Jesus in Our Lives

Engage: Page 93

- ▶ With your child, talk about times when you've felt especially loved, such as when you were sick and someone took care of you. **Say:** *A smile and a kind word can make others happy.*
- ▶ Read aloud the session title and the text in the blue box. Discuss your child's response. **Say:** *We are so fortunate to be loved by our families and friends. In this session we will learn how showing love to others is something God wants us to do.*
- ▶ Have your child share ways of giving himself or herself as a gift to someone. **Ask:** *What can you do to make someone's life easier today?* Pray aloud the prayer together.

Explore: Pages 94–95

- ▶ **Ask:** *What are some signs we use to show our love?* (hug, smile, card, kind words)
Say: *The signs of Jesus' love are so special we celebrate them at church.*
- ▶ Read aloud Jesus Loves Us on page 94. **Ask:** *How do the sacraments help us?* (They help us live as God wants us to; they bring us closer to Jesus.) **Say:** *Grace is a gift that God gives us because he loves us.*
- ▶ Read aloud the Did You Know? feature. **Say:** *We are signs of Jesus' love in this world when we are kind.*
- ▶ Read aloud Caring for Our Spirit on page 95 and point out the vocabulary word. **Say:** *Priests share sacraments, signs of Jesus' love, with us.* Have your child complete the activity.
- ▶ Read aloud the Reading God's Word feature. **Say:** *God loves you very much. He will always protect you. He is always with you.*

Art Exploration: Page 228

- ▶ Find in a magazine, in a book, or online a picture of Jesus surrounded by children.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including the expressions on the faces of Jesus and the children.
- ▶ **Say:** *When Jesus asked for the children, he showed everyone how important he thinks children are.*
- ▶ Have your child turn to page 228. Read aloud the introduction and discuss the question.



- ▶ Read aloud the heading and the Bible passage. **Say:** *When Jesus asked for the children, he showed everyone how important he thinks children are. Jesus treated children with kindness. Treating others with kindness is one of the greatest signs of love.* Remind your child that Jesus gives us signs of his love through the sacraments.
- ▶ Read aloud the last paragraph. Allow time for your child to write his or her answer and color the picture. Discuss your child's response.
- ▶ Help your child fold a sheet of white paper into thirds. In the left panel, have your child write the word *Jesus*. In the center panel, have your child write the word *Loves*. In the right panel, have your child write the word *Me*. Guide him or her to illustrate each word, using crayons or markers. On the back have your child draw a picture of himself or herself with Jesus.

Reflect: Pages 96–97

- ▶ Together look at page 96. **Say:** *Like the boy in the picture, use your imagination in prayer. Imagine what you see, feel, hear, touch, and smell.*
- ▶ Read aloud each paragraph softly. Pause to allow your child time to think about his or her response. Encourage your child to imagine that Jesus is right beside him or her. Together pray the Sign of the Cross.
- ▶ Read aloud Special Time with Jesus on page 97. Have your child complete the activity.

Respond: Page 98

- ▶ Ask your child to read aloud the Faith Summary. Review the Words I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways he or she can show signs of love for Jesus.
- ▶ Read aloud the prayer as your child follows along. Pray the Sign of the Cross together.
- ▶ Read aloud the With My Family suggestions. Invite your child to choose one or more to complete today.