

# Celebrating the Eucharist

Keep these ideas in mind as you study **Unit 4, Session 19**.

During the consecration the priest repeats the words of Jesus at the Last Supper.

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Transubstantiation is when the bread and wine become the Body and Blood of Christ.

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Sunday is special because it is the Lord's Day.

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We go to Mass on the Holy Days of Obligation to remember the great things God has done for us.

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At the Last Supper, Jesus washed the feet of the apostles.

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The Liturgy of the Eucharist helps us prepare to receive Jesus in Holy Communion.

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The Mass is the most important way Catholics pray.

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Jesus sacrificed himself for our sins. He is with God forever.

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