



Celebrating the Eucharist

Engage: Page 111

- ▶ Together brainstorm things that children share with each other, such as toys, treats, and books. **Say:** *We share our time, possessions, and goodwill with people in our lives.*
- ▶ Read aloud the session title and the text in the blue box. Discuss your child's responses. **Say:** *We share our faith when we celebrate the Liturgy of the Eucharist at Mass. In this session we will learn how Jesus shares himself with us in the Eucharist so that we can grow closer to him.*
- ▶ Ask your child to find a way to share his or her time with others every day this week. Discuss different situations that would work with your child. Pray aloud the prayer together.

Explore: Pages 112–113

- ▶ Teach your child the song "We Can Serve," sung to the tune of "London Bridge Is Falling Down." **Say:** *We can serve as Jesus served, Jesus served, Jesus served. We can serve as Jesus served, We serve others!* Continue with "We can love" and "We can help."
- ▶ Read aloud Liturgy of the Eucharist on page 112 and point out the vocabulary words. **Say:** *The Liturgy of the Eucharist is the part of the Mass after the Liturgy of the Word.* **Ask:** *What is the meaning of the word transubstantiation? (when the bread and wine become the Body and Blood of Jesus Christ)*
- ▶ Read aloud the Did You Know? feature. **Ask:** *What do we do to celebrate the Lord's Day? (celebrate Mass)*
- ▶ Have your child read aloud Attending Mass on page 113. Turn to page 209 and discuss each of the Holy Days of Obligation.
- ▶ Read aloud the Ready for the Sacraments feature. Connect the washing of the feet to Mass on Holy Thursday.

Art Exploration: Page 253

- ▶ Find in a magazine, in a book, or online a picture of Jesus and his disciples having a meal together.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including how he or she can identify Jesus.
- ▶ **Say:** *The Last Supper was a special time for Jesus and his followers. The story of the Last Supper reminds us of how Jesus sacrificed himself for us.*



- ▶ Have your child turn to page 253. Read aloud the introduction and discuss the question.
- ▶ Read aloud The Last Supper. **Say:** *The Last Supper has an important meaning for Catholics. It reminds us of Jesus' great love and the sacrifice he made. It shows how we can make sacrifices by doing things for others.* **Ask:** *What are some ways that you can give of yourself to others?* (spend time with someone who is sick or lonely, read to a younger sibling)
- ▶ Read aloud Thank You, God and have your child complete the activity. Invite your child to share his or her thank-you letter with you.
- ▶ **Say:** *Meals are special times we share with our families and others we care about, just as Jesus shared the Last Supper with his followers.* Ask your child to make a place mat for each family member. Suggest that he or she draw pictures in the colorful style of the Art Print or use stickers to show favorite foods and people who are special to him or her. Encourage your child use the place mats at your next meal together.

Reflect: Pages 114–115

- ▶ Together look at page 114. **Say:** *The boy in the picture might be setting aside prayer time to think about receiving Jesus in the Eucharist.*
- ▶ Slowly read aloud the first two paragraphs, giving your child time to listen to the words of the prayer. Read aloud the last two paragraphs, pausing after each sentence. Close by praying the Sign of the Cross together.
- ▶ Have your child read aloud The Eucharist on page 115. Turn to Receiving Holy Communion on page 208. After reading aloud this section, practice the responses with each other.
- ▶ Read aloud Jesus' Gift. Give your child time to complete the activity.

Respond: Page 116

- ▶ Ask your child to read aloud the Faith Summary. Review the Words I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways he or she can help others.
- ▶ Read aloud the prayer as your child follows along. Pray the Sign of the Cross together.
- ▶ Read aloud the With My Family suggestions. Invite your child to choose one or more to complete today.