



## ***Celebrating Ordinary Time***

### **Engage: Page 27**

- ▶ Together with your child, look at a calendar. **Ask:** *Why do people use calendars?* (to record important events, to know when to complete tasks, to understand how much time has passed in a year) Together point out dates that are important to your family.
- ▶ Read aloud the session title and text. Then ask your child to turn to page 151 in his or her book and locate both periods of Ordinary Time on the liturgical calendar. **Say:** *In this session we will learn about Ordinary Time—the time of year we learn that Jesus is the Bread of Life.*
- ▶ Ask your child to look at your calendar and mark the dates on which you will celebrate Ordinary Time. Then pray aloud the prayer together.

### **Explore: Page 28**

- ▶ With your child make a breakfast menu that shows your family's favorite breakfast foods. **Ask:** *Why do we need to eat meals and snacks?* (because we need food to help our bodies and minds work) **Say:** *All living things need food to survive and thrive.*
- ▶ Have your child read aloud the heading and both paragraphs. Point out the vocabulary term. **Say:** *Jesus is our spiritual food, and we thrive because we are fed by Jesus in the Eucharist.*
- ▶ Read aloud How Can I Grow? and guide your child in completing the first question. **Ask:** *Does playing with your friend or praying and reading your Bible help you learn more about Jesus?* Invite your child to complete the second question. Then discuss the answer.
- ▶ Read aloud the Reading God's Word feature. **Say:** *Like the food we eat, Jesus also nourishes us. He puts love in our hearts and peace in our minds. He is our spiritual food.*

### **Reflect: Page 29**

- ▶ Together recall watching parish members process to Holy Communion. **Say:** *Process means "to move in an orderly and ceremonial way."*
- ▶ Read aloud the first paragraph. **Ask:** *What do you think is beautiful about Holy Communion?*
- ▶ Have your child read aloud What We Experience and complete the activity.
- ▶ Read aloud the Ready for the Sacraments feature. Have your child turn to The Seven Sacraments on page 198. Take turns reading aloud each section on pages 198–201. Discuss each sacrament. **Say:** *God enters our lives through each sacrament. We grow in God's love and grace as we participate in each one.*



### Art Exploration: Page 239

- ▶ Find in a magazine, in a book, or online a picture that shows the breaking of the bread at Mass.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, focusing on the prayerful people looking on as the bread is blessed and broken.
- ▶ **Say:** *Ordinary Time is a time to remember that Jesus invites us to the table to break bread and be fed by him.*
- ▶ Have your child turn to page 239. Read aloud the introduction and discuss the question.
- ▶ Read aloud We Celebrate Ordinary Time. **Ask:** *How do we grow during Ordinary Time? (by learning more about Jesus and showing our love for Jesus and others)*  
**Say:** *Ordinary Time is for everyday living as followers of Jesus. It is the time to grow.*
- ▶ Have your child read aloud Mass in Ordinary Time. Point out the vocabulary word. Have your child complete the activity.
- ▶ Give your child a small cardboard box, such as a tissue box, to decorate. Then give him or her four strips of colorful paper. Tell your child to write a short prayer on each strip as a reminder to follow, celebrate, thank, and imitate Jesus in our actions and ways we treat others. Encourage him or her to keep the prayers in the box and choose to say one each day. Close with your child by silently praying a prayer from the box.

### Respond: Page 30

- ▶ Ask your child to read aloud the Faith Summary. Review the Words I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways he or she can perform a special deed for someone.
- ▶ Read aloud the prayer as your child follows along. Pray the Sign of the Cross together.
- ▶ Read aloud the With My Family suggestions. Invite your child to choose one or more to complete today.