



Morality, Our Lived Faith

Begin

Ask: *If you could travel anywhere in the world, where would you go? Why?* **Say:** *We are going to learn about a saint who traveled all over the world to help others learn about Jesus.* Read aloud the unit title on page 121. **Say:** *Our new unit will help us learn how following the Ten Commandments can help us live like Jesus.*

Introduce the Saint

Focus your child's attention on the picture of Saint Francis Xavier. Read aloud the text. **Say:** *Saint Francis Xavier was a missionary.* **Ask:** *What does a missionary do?* (travels to distant lands to teach people about God and Jesus)

Turn to page 122. Have your child read aloud the page. **Ask:** *Who was one of Francis Xavier's friends?* (Ignatius of Loyola) *What religious order did Francis Xavier join?* (the Society of Jesus) *What did Francis Xavier do to share Jesus' love with others?* (He taught children by telling them religious stories and teaching them religious songs. He visited people who were poor, sick, or in prison.) *What was his great wish?* (to go to China to teach people there)

Say: *Saint Francis Xavier is the patron saint of missionaries to foreign lands.*

With your child add Francis's feast day, December 3, to your calendar. Plan an event together to celebrate the teachings of Saint Francis Xavier.



The Ten Commandments

Engage: Page 123

- ▶ Together make a list of rules that can help people follow Jesus' example of love and service. Post the rules in your home.
- ▶ Read aloud the session title and the text in the blue box. Discuss your child's responses. **Ask:** *Why are there rules for games?* (so the game is fair, to help players get along) **Say:** *In this session we're going to learn about the Ten Commandments. These are 10 rules we've received from God that help us grow in our relationship with him, with our families, and with one another.*
- ▶ Discuss a game your child enjoys playing. Invite your child to imagine that the rules are taken away. **Ask:** *What do you think might happen?* Pray aloud the prayer together.

Explore: Pages 124–125

- ▶ **Ask:** *What is the Torah?* (the Law revealed by God in the Old Testament; the first five books of the Old Testament)
- ▶ **Say:** *The Book of Exodus is part of the Torah.* Have your child read aloud page 124. Point out the vocabulary word. **Ask:** *Why did God want Moses to lead the Hebrews out of Egypt?* (They were being treated cruelly as slaves.)
- ▶ Read aloud page 125. **Ask:** *What are the Ten Commandments?* (God's instructions for how to live in relationship with him and with one another) **Say:** *The agreement between God and the Hebrews is a Covenant.*

Art Exploration: Page 249

- ▶ Find in a magazine, in a book, or online a picture of God presenting Moses with the Ten Commandments.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including the differences between God, Moses, and the other people.
- ▶ **Say:** *God gave the Hebrews the Ten Commandments to help them remain faithful to the Covenant he made with them.*
- ▶ Have your child turn to page 249. Read aloud the introduction and discuss the question.
- ▶ Have your child read aloud God's Covenant. **Ask:** *What did the Hebrews agree to do when they entered into the Covenant with God?* (to live in relationship with him and with one another according to his instructions)



- ▶ Read aloud Symbols of Your Relationship. Allow time for your child to design a symbol and discuss its meaning with you.
- ▶ Explain that many artists have made images of Moses receiving the Ten Commandments from God. Using art supplies, have your child make his or her own illustration of God giving the Ten Commandments to Moses.

Reflect: Pages 126–127

- ▶ Together look at page 126. **Say:** *The girl in the picture has an adult in her life to help her make good decisions. Remember that we always have the Holy Spirit to give us strength and guidance to make good moral choices.*
- ▶ Read aloud the introduction. Pray aloud the prayer together. Give your child time to reflect silently. Read aloud the last paragraph. Conclude by praying together the Glory Be to the Father.
- ▶ Have your child read aloud Making Moral Decisions on page 127. **Say:** *These three questions can help us make good moral choices. They can be part of our examination of conscience.*
- ▶ Read aloud Seek Advice and have your child complete the activity. Ask your child to share his or her question with you.
- ▶ Read aloud Reading God's Word. **Ask:** *Who is speaking? (Jesus) What do you think he means when he says "I have come to fulfill"? (Jesus revealed the deeper meaning of the Ten Commandments when he gave us the new commandment.)*

Respond: Page 128

- ▶ Ask your child to read aloud the Faith Summary. Review the Words I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways he or she can make good moral choices.
- ▶ Read aloud the prayer as your child follows along. Pray the Sign of the Cross together.
- ▶ Read aloud the With My Family suggestions. Invite your child to choose one or more to complete today.